



General Assembly – July 24, 2026 – Destin, FL

Ochsner St. Tammany Health Family Medicine Residency Program

Program Director: Lisa Casey, MD

At St. Tammany/Ochsner, we have had a year of growth and success. To achieve our mission of training a diverse group of physicians to provide comprehensive care to the community we serve, we continue to focus on resident recruitment, faculty development, and curriculum development. I am happy to report tremendous progress on all fronts!

With great pride, I introduce to you the Class of 2029 who will complete our complement of residents!

PGY1

- Reagan Abadie, MD – LSU Shreveport
- Abiodun Aboaba, MD – Xavier School of Medicine
- Emilio Cardenal, DO – VCOM Monroe
- Arline Ficarra, MD – American University of the Caribbean
- LaMiah Hall, MD – LSU New Orleans
- Kristina Larter – LSU New Orleans
- Mistina Manoharan, MD – Shri Sathya Sai Medical College
- Aimee Rodwig-Lousteau, MD – LSU Shreveport

They join their upperclassmen:

PGY2

- Simi Adeyinka, MD – Obafemi Awolowo University
- Alyssa Breedlove, DO – VCOM Carolinas
- Lauren Carney, MD – University of Mississippi
- Julie Griffin, MD – Tulane
- Taylor Harvey, DO – William Carey
- Emily Hebert, MD – LSUHSC New Orleans
- Robert Mipro, MD – LSUHSC New Orleans
- Seth Williams, DO – William Carey

PGY3

- Meghan Castillo, DO – Lincoln Memorial DeBusk, Inaugural Administrative Chief
- Madison Lambert Dronet, DO – VCOM Monroe
- Marlie Giardina Welch, DO – VCOM Monroe
- Mary Payton Grimmer, DO – William Carey, Inaugural Academic Chief
- Ashlin Hinojosa, MD – LSUHSC New Orleans
- Mohamed Hussein, MD – University of Cairo

Recruiting efforts for the next Match cycle are already underway including residency fairs, procedure workshops, guest lecture series and, of course, acting internships for fourth year students and third-year clerkship spots. Please schedule a visit if you are interested!

Faculty are the foundation of any residency. Our core Family Medicine faculty possess a unique combination of interests, experience, and infectious enthusiasm. They include Dr. Chris Foret, Dr. Catherine Pechon, Dr. Eleanor Cook Smith, Dr.

Family Medicine Residency Program Director Reports, continued

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Jay Haynes, Dr. JJ Westmoreland and Dr. Julie Scott. Dr. Patrick O'Callaghan rounds out the team by providing clinical psychology services and education in the Family Medicine Practice. With ample Family Medicine experience as their foundation, each faculty member brings their own areas of interest and expertise. From Lifestyle and Culinary Medicine, to Point-of-care ultrasound, to practice and systems management, to research and scholarly activity, to Women's Health and maternity care, this is certainly a team that fosters the creation of excellent Family Medicine Physicians.

Our curriculum provides learners in our program with the time and opportunity to become equally adept in both the inpatient and ambulatory setting. Our residents have been enthusiastically welcomed by the wide range of specialist faculty at St. Tammany Health System. We have had a great time incorporating the Lifestyle Medicine curriculum which will give residents additional tools to treat the most stubborn and prevalent ailments in our population. Each of our residents will be eligible to sit for the Lifestyle Medicine board examination upon graduation. Our longitudinal POCUS curriculum is well underway. Our program offers a unique opportunity for each resident to have their own device and thus be able to use it in any setting, at any time. The program curriculum also has a focus on community outreach and population health. The program aims to make residents and Family Medicine physicians integral parts of the local healthcare system and pillars in the health of the community. This year, we will participate in fireman cancer screening, family preservation court, Hope House, Walk with a Doc, and Kiwanis Club activities.

The hub of all these fantastic learning opportunities is our Family Medicine Residency office and clinic which opened on Match Day 2024. Between the clinical space and the dedicated educational space, along with the sheer scale of the building, there is truly no ground more fertile for learning. Now in use for over two years, the clinic has lived up to its hype, providing a beautiful space for patient care as well as resident education and interaction.

We are looking forward to another exciting and successful year.

Respectfully submitted,
Lisa Casey, MD
Program Director